



Valley Village

Aging in My Home with Community Support

Member of
Village to Village Network

Vol. 9, No. 3 May-June, 2019

Quick Look

Wednesday, June 12, 7:30 am

Breakfast at The Little Grill
All Valley Village members are
welcome for breakfast
and fellowship.

Monday, June 17, 4 pm

VV Board Meeting, PVMC
Conference Room.

(All VV members welcome)

Tuesday, June 25, 9am - 2:30pm

Grandparents & Grandchil-
dren/"Mentee" Outings, Ages
12-15 (see details in newsletter)

Thursday, June 27, 5:30 pm

Annual Summer Potluck Picnic
(see details in newsletter)

Wednesday, July 10, 7:30 am

Breakfast at The Little Grill
All Valley Village members are
welcome for breakfast
and fellowship.

Monday, July 15, 4 pm

VV Board Meeting, PVMC
Conference Room.

(All VV members welcome)

Thursday, Aug 1, 10am - 2:30pm

Grandparents & Grandchil-
dren/"Mentee" Outings, Ages
8-11 (see details in newsletter)

Newsletter

Chris Edwards, Editor
Denise Sauder, Layout Design

General Info - 540-705-0432
www.valleyvillagehbg.org

"Just One Call"
540-209-6484

Woodland Park Visit

WOODLAND PARK, VMRC's newest residential facility, was our destination in May for the final event in VV's "Community Services and In-Home Series." Betsy Hay was our host, with Victoria Beahm and Betsy Thorpe leading the visit and providing information accompanied by slides. We toured the Brunk House (its photo shows the set-up for residents) as well as a rehabilitation building.

Featuring clusters of private rooms near shared kitchens and living space, Woodland Park is part of the Green House Project (<https://www.thegreenhouseproject.org>). The website identifies its goal as "to eradicate institutional models, destigmatize aging, and humanize care for all people."

Woodland Park's blue stained glass windows shown in the photo with Victoria Beahm were the work of local artist Zak Nafziger. For information and more examples of Zak's work, see <http://www.artisanscenterofvirginia.org/index.php/home/profile/zn-stained-glass-zac-nafziger> or on Facebook, "ZN Stained Glass."

Photos and report by Greg Versen



HOME INSTEAD SENIOR CARE matches screened and trained caregivers with persons in need of care while living at home. See <https://www.homeinstead.com/ppc>. In April, 18 people from VV attended the presentation by Jeanette Suter of the local Home Instead franchise. Photos courtesy of Paul Yoder



The above two events complete the final programs in Valley Villages' "Community Services and In-Home Series."
Our thanks to all who participated.

Little Grill Breakfast Time

April (left) and May breakfasts at the Little Grill have included lively discussions on programs and activities for next year. Breakfasts are monthly, and all VV members are invited. See calendar.



Meet Wayne Kurtz

New Valley Village Board Member

After thirty years in health care administration, mostly long-term care, I have now been retired for about ten years. I graduated from EMC/EMU in 1968 with a B.A. in Business Administration and then worked at Mennonite Broadcasts, now Mennonite Media, as an accountant. Soon thereafter, my wife Kathie and I spent three years in Botswana where I got a start in health care accounting with a German Lutheran hospital. When we returned from Africa I got a Masters in Health Care Administration from MCV/VCU and worked in Harlan, KY, Chambersburg, PA, and Manassas, VA.

Kathie and I have two sons, one in Brooklyn, NY; the other in San Diego, CA. Together their families include our five grandchildren. We moved to Harrisonburg about 18 months ago.

I grew up in a family of 11 children, on a farm near Kutztown, PA. My accounting interest began when I did tax returns for my father as an adolescent. I developed an interest in photography at an early age, and took to computers as soon as they were available. I enjoy hiking, bicycling, travel and visiting our sons and their families at opposite ends of the country. As a member of the Board of Valley Village, I am interested in the development of a village community network that can help all of us stay in our homes as long as we wish to **do so**.



Photo - Wayne Kurtz

Wayne Kurtz

Board President's Letter

Your feedback is very important as we plan for the 2019-20 program year. Another invitation via email was sent on Tuesday, May 28 with a title "Valley Village Wants Your Ideas". This email includes the link to complete the "2019 Membership Survey". Our goal is to hear from all of you seeking a 100% response rate. If you wish to receive a hard copy survey contact Keith Gnagey (540-383-9771) or Denise Sauder (saudcdb@aol.com). Members who complete the membership survey are recognized with a gift card from Merge Coffee Company. So take a few minutes to share your thoughts and enjoy a free cup of coffee on Valley Village.

Our thanks to Clara Yoder for her service as Secretary since 2015. Clara prepared monthly minutes and contributed to the board.

We welcome new members Ruby and Howard Zehr, and appreciate Wayne Kurtz joining the VV board. Hope to see you at our summer picnic potluck, June 27, at the EMU Discipleship Center.

Keith Gnagey
President

Thursday, June 27: Annual Summer Potluck Picnic Potluck, 5:30 PM

NOTE NEW LOCATION: the EMU Discipleship Center -- 1302 Hillcrest Drive (the hexagonal building near the cul-de-sac at the south end of Hillcrest). Park in the cul-de-sac area, follow the sidewalk a few steps toward EMU's new water tower, and you'll see the Discipleship Center on your right.

Please bring a dish to share (or two per couple) plus your own plates, cups, cutlery. . .also folding chairs, lawn chairs and/or blankets. If weather is good, we'll gather outside; if not, indoors.



GRANDPARENTS AND GRANDCHILDREN/"MENTEE" OUTINGS



Art by Pinterest

Valley Village members are invited to participate in either or both of the following events planned for grandparents & grandchildren (or mentees, nieces, nephews, etc.) this summer. If your grandchildren aren't available or don't fall in these age categories, consider inviting another significant child in your life to these events.

Two events are planned for this summer; one for each age group, as noted below.

Tuesday, June 25, 2019, for children ages 12-15 (and VV members)

- 9 to 12 – orientation, tour & volunteering at Blue Ridge Area Food Bank, Verona
- Noon to 12:45 – picnic lunch at Food Bank pavilion
- 1:15 to 2:30 – mini golf at Mulligan's Golf Center, Harrisonburg
- Can accommodate maximum number of 20 people
- Planned by Pearl Lantz & Keith Gnagey
- To participate, must register by Sun, June 16: email Pearl Lantz at dnplantz@comcast.net

Thursday, Aug 1, 2019, for children ages 8-11 (and VV members)

- 10 to 11:20 – orientation, tour & volunteering at Gift & Thrift, Harrisonburg
- 11:30 to 12:45 – tour & lunch at Bowl of Good, Harrisonburg
- 12:55 to 2:30 – city bus ride to Morrison Park & Kline's Ice Cream, Harrisonburg
- Can accommodate maximum number of 15 people
- Planned by Pearl Lantz & Jean Fisher
- To participate, must register by Tues, July 23: email Pearl Lantz at dnplantz@comcast.net

Take advantage of this intergenerational opportunity for volunteerism and fun with other Valley Village members and the significant children in their lives! Please note the maximum number of people each group can accommodate and register by the deadline dates above. Come join in on the fun!

Pearl Lantz



Vendor Spotlight

Tis The Season When Pests Find Us

AbsoluteTermite and Pest Control, located in Harrisonburg, has the expertise and equipment to eradicate those pests that find their way into our homes.

I have found their technicians to have an understanding of the potential environmental, and human, safety aspects of their pesticides. Also, they favor using the least amount that can do the job effectively. The business is family owned and proud of the quality of service they provide. Contact by phone, 540-442-9988.

John Spicher,
Vendor Service Provider Coordinator

NEED A VOLUNTEER? TRY “JUST ONE CALL,” 209-6484 – or email Yvonne Stutzman, VV Volunteer Coordinator, yvonstutz@gmail.com. She has many volunteers who have signed up to assist fellow members with many needs.

VV MOVIE NIGHTS will return in September. Have movie suggestions, or want to join the committee? Contact Steve Shenk, John and Virginia Spicher, Chris Edwards or Robin McNallie.

Village to Village, the national movement we’re a part of, will have its annual conference in Chicago on Sept. 18-20. Theme: “Connecting Generations.” Interested in attending? See the website <https://www.vtvnetwork.org> and/or contact any of our VV board members.



June

Anne W Nielsen
Benedicte Early
Edna Brunk
Paul A Yoder
Edwin Yoder
Marcia Moshier

July

Miriam E Martin
Howard Zehr
Elizabeth Shenk
Robin McNallie
Sharon Showalter
Nancy R Heisey
Keaton W Shenk
Lonnie Yoder

Board Members

Keith Gnagey – President
Daryl Peifer -- Membership Committee Chair
Paul Yoder – Member Services Committee Chair
John Spicher – Vendor Services Coordinator
Pearl Lantz
Stan Godshall
Wayne Kurtz
Position Vacant – Board Secretary

Valley Village newsletter is published bimonthly (every two months). Deadline is July 17, 2019, for submissions to the July-August 2019 newsletter.

Send items to Chris Edwards, 434-0457; chrisedwardshburg@gmail.com

New and recently-new members: May we have a “profile” of you, to help us get to know each other? Please send a digital photo, plus about 100 words, telling whatever you want about yourself. Thanks! -- Chris