



# Valley Village

## Aging in My Home with Community Support

Member of  
Village to Village Network

Vol. 10, No. 1 January February, 2020

### Quick Look

#### February 6, 7:00 pm

Book discussion, with Shirley H. Showalter, of Parker J. Palmer's *On the Brink of Everything*. PVMC Fireplace Room

#### February 12, 7:30 am

Breakfast Group, Little Grill

#### February 17, 4:00 pm

Board Meeting, PVMC Conference Room

#### February 21, 7:00 pm

Movie Night "Seabiscuit," Park Place Theater-VMRC

#### March 5, 7:00 pm

"Care is There," program by supervisor Rebekah Carter, PVMC Fireplace Room

#### March 11, 7:30 am

Breakfast Group, Little Grill

#### March 16, 4:00 pm

Board Meeting, PVMC Conference Room

#### March 20, 7:00 pm

Movie Night, "Because of Winn-Dixie," Park Place Theater-VMRC

#### March 26, 1:30-4:15 pm

Genealogy tours at two VV Member Homes: Genealogy work by Hope Lind & Wayne Kurtz

#### April 2, 6:30 to carpool; program at 7:00 pm

Generations Crossing, with director Laurie Deavers. Meet at PVMC east parking lot to carpool.

#### April 8, 7:30 am

Breakfast Group, Little Grill

### Newsletter

Chris Edwards, Editor  
Denise Sauder, Layout Design

General Info - 540-705-0432  
[www.valleyvillagehbg.org](http://www.valleyvillagehbg.org)

"Just One Call"  
540-209-6484

## First Choice Team Members Tell Valley Village About Options

Team members with First Choice Home Health & Hospice in Harrisonburg held a conversation with VV members on January 9. "Hospice" is defined as "care that focuses on the quality of life of terminally ill patients while providing social, emotional, spiritual and financial support to both the patients and their families," according to the website [first-choiceharrisonburg.com](http://first-choiceharrisonburg.com). First Choice, operating since 1977, partners with VMRC, Bridgewater and Sunnyside Retirement Communities to offer a variety of care in patients' homes.

— Photos by Greg Versen



From left, Karen Burke, Mary Jo Bowman, Terri Shurfelt and Joy Kanagy



# John Spicher Retires from Valley Village Board

John Spicher has served on the Valley Village board and in other roles since 2014. His experience with organizations and his vision for Valley Village were valuable resources in developing the 2017-18 strategic plan. In addition, John was quick to respond to calls for volunteer assistance. I recall hearing that John, while traveling through his neighborhood, spotted a Valley Village member shoveling his driveway by hand. John stopped in and, with his snowblower, cleared the driveway in no time. John is retiring from his leadership of the preferred vendor program, which he originated, as well as from the board. We wish John and Virginia well, and many thanks for their work on behalf of Valley Village.

Meanwhile, John's and Virginia's fellow-VV Movie Committee members (Steve and Karen Shenk, Robin McNallie and Chris Edwards) are happy that the Spichers will continue serving with the Movie Committee!

Keith Gnagey



## OPEN POSITION: VENDOR COORDINATOR

A volunteer is needed to lead the preferred vendor program developed by John Spicher. John is available to provide orientation and to answer questions. Contact: Keith Gnagey 540-383-9771 or [kagnagey@gmail.com](mailto:kagnagey@gmail.com)



## Would A Daily Check-In Help?

The Daily Check-In Program is a way to support each other while enhancing security and peace of mind – a daily contact to make sure you are “up and about” each day. It is especially helpful for those in single-person households or in households where one person is unable to respond to emergency needs for the other. Several VV members are participating in this mutual-support program. Please contact Pearl Lantz at 540-820-8309 for more details or to enroll.

## Valley Village Board Report

The Valley Village Board met in January to launch the New Year. The board reviewed and approved the January 31, 2019 year-end financial statement. Also Daryl Peifer, treasurer, presented a proposed 2020 budget. The board made some revisions and planned to take action at the February meeting. We thanked Daryl for his exceptional work on Valley Village finances.

As Valley Village continues to develop, we have events on the calendar every month of the year. As a result, the board discussed moving the event cycle to a calendar year (ex., “January-December, 2020”) rather than the academic year (“September-June”). This change impacts the event workgroups, so they are providing input for board consideration in February. If implemented, our fiscal year and program year would be the same, January-December.

The Village-To-Village Network annual conference will take place in Charlotte, North Carolina on October 4-7, 2020.

Details: See [vtvnetwork.org](http://vtvnetwork.org) and click “Conference 2020.” Valley Village is planning to send representatives. Interested? Ask a Valley Village board member.

Keith Gnagey, President

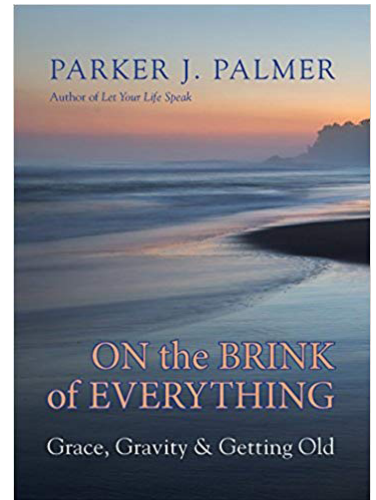
## Valley Village Upcoming Events

### On the Brink of Everything: Grace, Gravity, & Getting Old

On Thursday, Feb. 6, at 7 pm in the PVMC Fireplace Room, Shirley H. Showalter will lead a discussion of this 2018 book by author Parker J. Palmer. Please come, and if you've read it (copies were sold at our September meeting), bring your reflections to share.

Shirley Showalter herself is an author. Her 2013 memoir, *Blush: A Mennonite Girl Meets a Glittering World*, told a life story that has included serving as president of Goshen College. Parker, her longtime friend, wrote the introduction. You can also listen to monthly broadcasts by Parker and musician Carrie Newcomer (a Goshen alumna) on the podcast, <https://www.newcomerpalmer.com/podcast>.

Keith Gnagey tells us how to find them each on Facebook: <https://www.facebook.com/parkerjpalmer/> and <https://www.facebook.com/CarrieNewcomer/>.



### Care Is There

"Care Is There" coordinates "independent lifestyles through geriatric care management, independent living support & assisted living enhancement." Rebekah Carter, supervisor of the Shenandoah Valley team of Care Is There, will discuss the program on Thursday, March 5, 7 pm in the PVMC Fireplace Room. More info: See <https://careisthere.com/about/team/shenandoah-valley/rebekah-carter> or <https://careisthere.com/>

### Genealogy Tours in VV Homes

On Thursday, March 26, 2020, 1:30 – 4:15pm, we will be in for a treat when we visit two VV member homes and learn first-hand about their work with genealogy! Hope Lind and Wayne Kurtz will be sharing about their interest in genealogy and showing examples of their work. Mark your calendars and watch for a sign-up email in early March.

### Generations Crossing

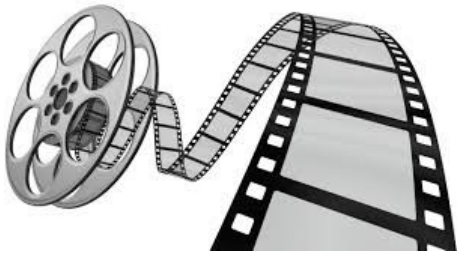
We will tour this intergenerational day care center, serving both children and adults, on Thursday, April 2: 6:30 pm to carpool for the program at 7:00 pm with Laurie Deavers, Generations Crossing Executive Director. It is suggested that we meet at PVMC east parking lot to carpool. Generations Crossing's facility is located at 3765 Taylor Springs Road (just beyond Sunnyside Retirement Community). For more info, with photos, see <https://www.generationscrossing.com/>

### Dinner Theater in Fredericksburg, VA

The Rockingham County Parks & Recreation bus will provide transportation to see "Bright Star" at Riverside Theater, in Fredericksburg, on Wednesday, April 22, 9am – 6:30pm. A delicious dinner will be served, followed by an inspirational theater production about a tale of love and redemption set against the rich backdrop of the American South from the 1920s-40s. Cost will be \$82/person and includes transportation, dinner and the show. Watch for a registration email early March. Registration deadline is March 23.



## Movies

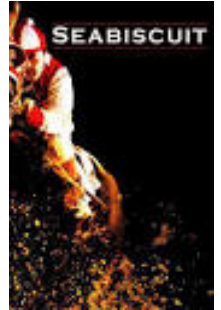


All movies are shown at 7 pm, one Friday a month, in Park Place Theater Room at VMRC. Note to guests: Park Place's main entrance is locked before 7. Drive around Park Place to your right, park in any unmarked space, and enter door #8.

(Note: The Movie Committee apologizes for having been unable to show "Miracle on 34th Street" due to a scheduling mix-up. Look for it in December 2020.)

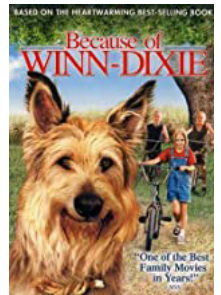
### Feb. 21, "Seabiscuit"

A jockey (Tobey Maguire), an automobile magnate (Jeff Bridges) and a trainer (Chris Cooper) – none of whose futures look promising -- lead a racehorse (one that draws almost no bets) to glory during the Great Depression.



### March 20, "Because of Winn-Dixie"

As in Kate DiCamillo's children's book, a Florida girl (AnnaSophia Robb) and her canine pal (named for a store where he's caught running amok) restore hope for her lonely preacher father (Jeff Daniels) – aided by a shy ex-con storekeeper (Dave Matthews) and wise elder (Cicely Tyson).



## Breakfast Group

Breakfasts: "The usual suspects," as VV photographer Greg Versen reports, gathered for breakfast at the Little Grill (621 N. Main St., Harrisonburg) in December and (a slightly larger group) January.

All are welcome at these events, usually starting at 7:30 am on 2nd Wednesdays.



December 11: Ed Yoder, Lowell Wenger, Paul Yoder, Greg Versen, Linda and Keith Gnagey.



January 8: Keith Gnagey, Paul Yoder, Greg Versen, Glen Kauffman, Lowell Wenger, Ed and Clara Yoder and Linda Gnagey.



## **February**

Vera Hansen  
Dennis Showalter  
Janet Wenger  
Stanley Godshall  
Ann Bender  
Fred Moshier  
Gene Early  
Mattie Marie Mast  
Sam Miller

## **March**

Arlene Wiens  
Michael D Stauffer  
Lee M Yoder  
Karen Moshier-Shenk  
Mary Kauffman  
Julia Alderfer-Stauffer  
Clara Yoder

## **Valley Village Mission**

The mission of Valley Village is to provide neighborhood members with community-building activities, and home-based services thereby promoting independence, convenience, safety and well-being, for those who wish to live in their own homes in a multi-generational community.

The purpose of Valley Village is to ensure that all individuals have access to services needed to live independently in their community as long as possible.

## **Board Members**

Keith Gnagey – President  
Rich Sider, Secretary  
Daryl Peifer – Treasurer  
Paul Yoder – Volunteer Services Coordinator  
Pearl Lantz  
Stan Godshall  
Wayne Kurtz  
Clara Yoder  
Lorie Merrow  
Vice President-Vacant

### **Event Workgroups:**

Special Topics Workgroup (Greg Versen-Chair, Ann Bender, Keith Gnagey, Keaton Shenk)  
Movie Workgroup (Steve Shenk-Chair, Chris Edwards, Robin McNallie, Virginia Spicher, John Spicher)  
Social Workgroup (Recruiting members to serve on this workgroup, contact a board member if you're would like to serve Valley Village in this role)  
Tour Workgroup, (Pearl Lantz-Chair, Jean Smucker Fisher, J. Lowell Wenger)

Valley Village newsletter is published bimonthly (every two months). Deadline is March 17, 2020, for submissions to the March - April 2020 newsletter. Send items to Chris Edwards, editor, 434-0457; [chrisedwardshburg@gmail.com](mailto:chrisedwardshburg@gmail.com)

New and recently-new members: May we have a "profile" of you, to help us get to know each other? Please send a digital photo, plus about 100 words, telling whatever you want about yourself. Thanks! -- Chris